

# 1989 Region 4A at Brooklyn Center June 3, 1989

**Teams:** Brooklyn Center 58, St. Peter 53, Winsted Holy Trinity 52, Cannon Falls/Randolph 47, Fairfax-Gibbon-Winthrop 38, Mayer Lutheran 32½, Concordia Academy 29, Farmington 28, Mn. Valley Lutheran 22, St. Agnes 17, St. Croix Lutheran 15, Mahtomedi 13½, Le Sueur 11, Waterville-Elysian-Morristown 11, St. Paul Academy 10, Le Center 10, Lester Prairie 10, Cleveland 9, Sibley East 9, Faribault Academies 8, Glencoe 8, Henderson 8, Norwood-Young America 8, Mounds Park Academy 7, Silver Lake 7, Buffalo Lake-Hector-Stewart 6, Mankato Loyola 1.

## 100 METER DASH

1st - Allen, E.	SP	10.89
2nd - Paul, M.	CA	11.03
3rd - Charles, P.	SA	11.24
4th - Allard, P.	F	11.26
5th - Wendler, B.	MVL	11.38
6th - Clark, J.	LS	11.40

## 200 METER DASH

1st - Allen, E.	SP	22.54
2nd - Meyerhofer, A.	F	22.99
3rd - Allard, P.	F	23.27
4th - Schdendilder, L.	W	23.43
5th - Teseritz, M.	SCL	23.53
6th - Bakke, D.	SP	23.60

## 400 METER DASH

1st - Pagel, D.	CFR	50.59
2nd - Kramer, M.	SE	51.11
3rd - Sandgren, T.	GFW	51.37
4th - Alberts, T.	LP	51.74
5th - Johnson, M.	LC	52.55
6th - Skistad, J.	C	53.01

## 800 METER RUN

1st - Wolf, A.	SPA	2:02.6
2nd - Hubner, S.	FA	2:02.8
3rd - Just, W.	GL	2:03.7
4th - Giese, D.	M	2:08.8
5th - Schoenfelder	M	2:08.85
6th - Schoen, T.	W	2:10.0

## 1600 METER RUN

1st - Kappel, J.	W	4:29.02
2nd - Schoen, T.	W	4:35.83
3rd - Delanay, D.	MPA	4:38.24
Silgen, P.	SA	4:38.24
5th - Holz, J.	SP	4:40.32
6th - Chmio <sup>^</sup> ewski, G	SL	4:41.32

## 3200 METER RUN

1st - Kappel, J	W	10:03.7
2nd - Schoenfelder, J.	W	10:14.9
3rd - Chmielewski, G.	SL	10:27.2
4th - Sordahl, M.	BC	10:34.8
5th - DeLanoy, D.	MPA	10:38.0
6th - Guentzel, M.	ML	10:39.0

## 110 METER HIGH HURDLES

1st - Dammann, B.	MAL	15.21
2nd - Stocker, S.	CF	15.49
3rd - Schlup, B.	LS	15.99
4th - Liebl, D.	FGW	16.04
5th - Springborn, C.	M	16.06
6th - Goplen, R.	SCL	16.09

## 300 METER HURDLES

1st - Stocker, S.	CFR	40.82
2nd - Anderson, J.	CFR	41.60
3rd - Liebl, M.	GFW	41.85
4th - Lundberg, J.	LC	42.29
5th - Knoblauch, B.	BC	42.38
6th - Dammann, B.	MAL	42.46

## 4 x 100 METER RELAY

1st - St. Peter	44.72
2nd - Brooklyn Center	44.89
3rd - St. Agnes	45.3
4th - MN Valley Luth	45.67
5th - LeSueur	45.72
6th - Glencoe	46.21

## 4 x 400 METER RELAY

1st - Cannon Falls	3:30.69
2nd - Brooklyn Center	3:34.65
3rd - Gibbon/Fairfax/W	3:34.68
4th - Winsted Holy Trinity	3:37.31
5th - Faribault Academy	3:40.38
6th - Glencoe	3:43.85

## SPRINT MEDLEY RELAY

1st - Brooklyn Center	3:41.46
2nd - Farmington	3:42.69
3rd - Gibbon/Fairfax/W	3:45.77
4th - Winsted Holy Trinity	3:48.35
5th - St. Peter	3:50.33
6th - Sibley East	3:53.09

## LONG JUMP

1st - Paul, M.	CA	22-0 ¼
2nd - Haas, J.	GFW	20-10 ½
3rd - Allbritton, D.	BC	20-10 ¼
4th - Jensen, S.	MAL	19-10 ½
5th - Richter, B.	SP	19-5 ½
6th - Schoenfelder, L.	w	19-2 ½

## TRIPLE JUMP

1st - Paul, M.	CA	43-9
2nd - Skistad, J.	C	43-3 ¼
3rd - Kish, W.	BC	42-10 ½
4th - Emigh, V.	LP	42-7 ¼
5th - Haas, J.	GFW	42-4
6th - Dammann, B.	MAL	40-5 ½

## HIGH JUMP

1st - Goplen, R.	SCL	6-2
2nd - McPadden, S.	NYA	6-2
3rd - Paulson, B.	BHS	6-1
4th - Kewitsch, P.	LC	6-1
5th - Heidelbauer, T.	LS	5-10
6th - Springborn, C.	M	5-10

## POLE VAULT

1st - Hayer, H.	SP	14-2
2nd - Camacho, C.	BC	13-8
3rd - Kish, W.	BC	13-2
4th - Banken, S.	SP	12-2
5th - Schmitt, J.	SCL	12-2
6th - Laurel, B.	MAL	11' 8"

## DISCUS

1st - Helgeson, B.	MAL	133-4
2nd - Kleinschmidt, C.	MVL	132-8
3rd - Springborn, C.	M	130-8
4th - Buesgens, J.	H	125-5
5th - Bettcher, Josh	LP	124-2
6th - Velishek, J.	WEM	123-8

## SHOT PUT

1st - Velishek, J.	WEM	52-11 ½
2nd - Kleinschmidt, C.	MVL	49-0
3rd - Helgeson, B.	MAL	48-4 ½
4th - Buesgens, J.	H	47-4 ¼
5th - Mines, R.	SP	44-4
6th - Melhause, R.	CFR	42' 8